

## MASSAGE

To soothe body, mind, and soul

### Swedish Massage

This classic massage is relaxing and therapeutic, incorporating long rhythmic strokes of light to medium pressure. Benefits include the release of tension, toxins, stress, fatigue, creating a sense of well-being.

(60 mins) \$75 (90 mins) \$115 (2 hours) \$150

### Aromatherapy Massage

A holistic approach to a customized body massage with the use of essential oils to help promote the elimination of toxins, relax and soothe your whole being.

(60 mins) \$85 (90 mins) \$130 (2 hours) \$170

### Deep Tissue Massage

Specific pressure given to trigger points to help treat deep knotted muscles, helping relieve aching muscles and help ease pain.

(60 mins) \$85 (90 mins) \$130 (2 hours) \$170

### Sports Massage

A combination of massage movement and assisted stretching. Helps to increase tissue flexibility and range of motion in the joints, as well as muscle relaxation.

(60 mins) \$85 (90 mins) \$130 (2 hours) \$170

### Hot Stone Massage

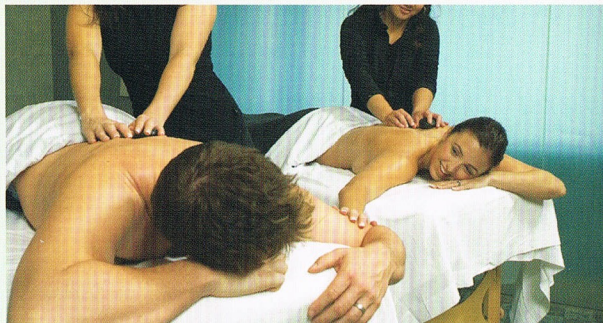
Hot Stone massage dates back to ancient times for its healing properties. Smooth stones are heated and placed on specific parts of the body. The heat warms and relaxes the muscles, helps to improve circulation, calms the nervous system and helps to distress your entire body.

(60 mins) \$95 (90 mins) \$145 (2 hours) \$190

### Couples Massage

A customized massage for each with your own therapist.

Prices based upon services requested.



## SPA BODY TREATMENTS

Energizing and Rejuvenating

### Sea Weed Wrap

This revitalizing treatment helps to detoxify, stimulate and energize your skin's metabolism with the use of therapeutic mud, energizing peppermint and red raspberry extracts. A real boost for sluggish skin. (60 mins) \$125

### Prafango Body Treatment

This natural body wrap is a comprehensive spa program for inches lost, skin conditioning and cellulite. Parafango combines mineral-rich sea mud and paraffin in a restorative body mask. A powerful geothermal effect produces an increase in body temperature, stimulating circulation and eliminating toxins, including unwanted fat stores from tissues, leaving your skin firm, reconditioned and your silhouette reshaped. (90 mins) \$135

### Mud Therapy Body Mask

This revitalizing treatment helps to detoxify, stimulate and energize your skin's metabolism with the use of therapeutic mud, energizing peppermint and red raspberry extracts. A real boost for sluggish skin. (60 mins) \$125

### Aromatherapy Body Polish

Incorporates healing touch with aromatherapy oils to promote deep relaxation and soft, silky skin. An all-over body polish to exfoliate the skin and help remove dead skin cells, followed by an application of warm Lavender Butter Cream. The cream contains both Shea butter and Grape Seed, and is particularly beneficial for sun damaged and dehydrated skin. (60 mins) \$125

### Reflexology

This treatment is the art and science of using fingers and thumbs on your hands and feet to access reflex areas that correspond to all glands, organs and body parts. This helps relieve stress and tension while improving circulation. (60 mins) \$75 (30 mins) \$50

### Reiki

The word "Reiki" translates to "Universal Life Force Energy". Reiki helps to promote spiritual and physical well-being. It realigns the bioenergetic body for perfect balance, treating conditions such as muscle pain, tension and stress.

(60 mins) \$75 (90 mins) \$115 (120 mins) \$150

ALL SERVICES BY  
APPOINTMENT ONLY

## FACIALS

To revitalize the skin

### The Spa Facial

This personalized facial includes cleansing, steaming, hot towels, exfoliation and a customized mask, followed by a light massage to the face, neck, shoulders and hands, helping to revitalize the skin.

(60 mins) \$75

### Deep Pore Cleansing Facial

A custom blended facial includes cleansing, steaming, hot towels, exfoliation, extractions, customized firming mask, followed by a light massage to the face, neck, shoulders and hands. The use of galvanic and high frequency will help nourish your skin by stimulating blood circulation, helping to firm and tone leaving the skin aglow.

(60 mins) \$85

### Skin Treatment for Men

A customized treatment designed to help tone and firm the skin. This deep pore cleansing treatment includes steaming, hot towels, extractions, exfoliation, and a customized mask to help target breakouts, blackheads and ingrown hairs. All this followed by a light massage to the face, neck, shoulders and hands. (60 mins) \$85

### Manual Microdermabrasion

The fine crystals in this machine-free, ultra cleansing treatment, peels away dull, dreary cells, abraded uneven skin and visibly reduces the appearance of fine lines and wrinkles. A skin resurfacing treatment including a customized mask to infuse nutrients into your newly polished skin. The results will be brighter skin with improved clarity and a more even tone. (60 mins) \$90

### Aromatherapy Facial

The spa facial with the use of customized aromatherapy oils to revitalize or relax, revitalizing and nourishing the skin. This facial aims to purify, refine and hydrate your skin, restoring its natural beauty. (60 mins) \$80

### Collagen Facial

Designed for mature and dehydrated skin. The deep pore cleansing facial with the use of collagen and galvanic for deep penetration of the product, followed by high frequency for blood circulation, leaving the skin in a hydrated, firm and toned condition. (60 mins) \$90

### Back Facial

This personalized back facial is designed to address concerns to a hard to reach area. You will experience cleansing, steaming, hot towels, exfoliation, extractions if needed and a customized blended mask, followed by massage to the treated area. (60 mins) \$90

To continue your spa journey at home, your Professional technician will recommend a home care program ...



## MANICURE/PEDICURE

### Classic Manicure

Includes trimming of nails and cuticles, massage and polish. (Male clients receive finish nail buff) \$25

### Spa Manicure

Includes trimming of nails and cuticles, exfoliation and mask, massage and polish (Male clients receive finish nail buff) \$35

### Classic Pedicure

Pedicure includes foot soak, trimming of nails and cuticles, exfoliation, foot and leg massage, and polish. \$50

### Spa Pedicure

Pedicure includes foot soak, trimming of nails and cuticles, exfoliation, mask, hot towels, foot and leg massage, and polish. \$65

## SPA ENHANCEMENTS

### Manicure/Pedicure

Paraffin Treatment Hands \$15 Feet \$25

### Facials

Non-Surgical Face Lift Treatment	\$25
Herbal Eye Treatment	\$15
Collagen Eye Treatment	\$20
Brow Wax	\$20
Lip or Chin Wax	\$15
Scalp Massage	(10 minutes) \$20

### Massage

Reflexology	(30 minutes) \$30
Scalp Massage	(10 minutes) \$20

## BIOELEMENTS

One of the finest professional product lines, combining the best in skin care technology with sophisticated treatment techniques to deliver visible results.

ALL SERVICES BY APPOINTMENT ONLY



## Private Spa Parties Welcome

Call our spa coordinator to book your own personalized spa party. Schedule five or more facial and/or massage services and receive access to hotel amenities such as the sauna, pool, whirlpool, fitness center and kitchenette area.

## Corporate Events

A great team-building experience.

## Reservations

A major credit card is necessary to reserve all scheduled services. 1½ hour advance notice required for scheduling most spa services. Guests must be 16 years old or accompanied by an adult.

## Cancellation Policy

Cancellations made less than two hours before scheduled time will be billed at fifty percent of treatment rate. No shows will be billed at full treatment rate.

## Hours of Operation

**Spa:** Daily 9:00 a.m. — 8:00 p.m.

Before or after business hours, appointments will be charged an additional \$25.00 per service hour.

## Spa Etiquette

Please arrive at least 10 minutes before scheduled time. Delayed arrival will limit the time for your experience, reducing the effectiveness of your treatment and the expectations of your visit. In consideration of other spa guests, service time will not be extended for delayed arrivals, and the full price of your service will be charged.

A shower or sauna is recommended before a full body massage to help relax the muscles.

## Gratuuity

A 15% service charge will be added to all in-hotel services and spa treatments.

# Having a Wedding?

## ASK ABOUT OUR

In-Hotel Hair & Make-Up Services

Bride & Bridal Party Spa Packages

Bachelorette Spa Parties

See [spasilvia.com](http://spasilvia.com)

for more details

# SpaSilvia

[www.spasilvia.com](http://www.spasilvia.com)

(313) 277-3312

*Se Habla Español*

OFFERING IN-HOTEL SPA SERVICES FOR



Allen Park, MI 1-800-342-5802

Each Best Western Hotel is individually owned and operated  
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## SPA PACKAGES

### The Relaxer

Classic Manicure  
Classic Pedicure  
Paraffin Hand Treatment  
(Approx 2hrs) \$75.00

### The Rejuvenator

Spa Facial  
Non Surgical Face Lift Treatment  
Herbal Eye Treatment  
(Approx 75min) \$100.00

### The Mini Sampler

Mini Spa Facial  
Herbal Eye Treatment  
Upper Body Massage  
Reflexology  
Classic Manicure  
Paraffin Hand Treatment  
(Approx 3 hours) \$175.00  
Upgrade your Spa facial  
or massage for \$25.00 extra

### The Escape

Spa Facial  
Herbal Eye Treatment  
Full Body Swedish Massage  
Classic Pedicure  
Classic Manicure  
Paraffin Hand Treatment  
(Approx 4 hours) \$225.00

### The Ultimate Indulgence

Seaweed Body Wrap  
Aromatherapy Spa Facial  
Herbal Eye Treatment  
Full Body Swedish Massage  
Classic Manicure  
Classic Pedicure  
Paraffin Hand Treatment  
Light Lunch  
(Approx 5 hours) \$350.00

## SCHEDULE YOUR SPA PARTY

Call our spa coordinator to book your own personalized spa party. Schedule five or more facial and/or massage services and receive access to hotel amenities such as the sauna, pool, whirlpool, fitness center and kitchenette area.



## RELAX & REKINDLE PACKAGE

Inclusive Package includes overnight accommodations, a romantic Swedish massage for two, and a \$20 gift certificate to use in O'Henry's Restaurant! Add a touch of privacy and order your dinner delivered to your room through room service. Awake refreshed and enjoy complimentary breakfast for two in O'Henry's Restaurant. \$299.00

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