

FACIALS

To revitalize the skin

The Spa Facial

A custom-blended facial that includes cleansing, steaming, exfoliation and light massage, followed by a customized mask and eye treatment designed to help revitalize the skin. (60 mins) \$100

Deep-Pore Cleansing Facial

A custom-blended facial including cleansing, exfoliation, extractions, eye treatment, light massage and a customized firming mask designed to help revitalize and tone, leaving the skin aglow. (60 mins) \$125

Skin Treatment for Men

A customized treatment designed to help tone and firm the skin. This deep-pore cleansing treatment includes steaming, extractions, exfoliation, massage, eye treatment and a customized mask to help target breakouts, blackheads and ingrown hairs. (60 mins) \$125

Manual Microdermabrasion

The ultra-fine crystals in the machine-less microdermabrasion treatment peel away dull, dreary cells, abrade uneven skin and visibly reduce the appearance of fine lines and wrinkles. (60 mins) \$125

Oxygenation - Pre-Op Facial

A high-performance cosmeceutical treatment that carries active ingredients deep into your skin via oxygen molecules. This is the perfect treatment for skin that is sluggish, clogged, prematurely aging and dehydrated or dull skin. (60 mins) \$125

To continue your spa journey at home, your Professional technician will recommend a home care program ...

Corporate Accounts Welcome

Contact management or the Front Desk for details.

Reservations

Please contact the Front Desk for your spa reservations.

Cancellation Policy

A 12 hour cancellation notice is required to avoid any cancellation fees, if appointment was made 24 or more hours in advance. Cancellations made less than two hours before scheduled time will be billed at 50 percent of treatment rate. No shows will be billed at full treatment rate and will be billed to the credit card on file.

Hours of Operation

Spa: Daily 9:00 a.m. – 8:00 p.m.

Appointments before or after business hours will be charged an additional \$25.00 per service hour.

Gratuity

A 15 percent service charge will be added to all in-hotel services and spa treatments.

Silvia On Monroe
Spa

www.silviaonmonroe.com

OFFERING IN-HOTEL SPA SERVICES FOR



GREENFIELD INN

Each Best Western Hotel is individually owned and operated

3000 ENTERPRISE DR

ALLEN PARK, MICHIGAN, 48101-3529

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FAX: (313) 271-1600

Silvia On Monroe
Spa



Relax...

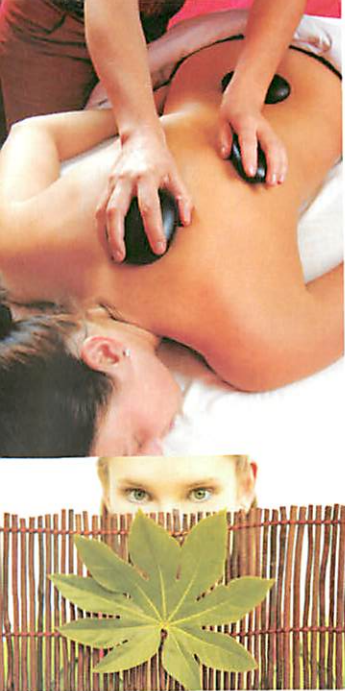


Unwind...



Renew...

Offering In-Hotel Spa Services



**Offering
In-Hotel
Spa Services,**
we want to help you ...

*Relax
Unwind
Renew*

Let us put the ahhh ...
in your spa journey

**Private Spa Parties
Welcome**

Reserve space for your bachelor/bachelorette spa party or teen special occasion.

Special consideration is given to parties of six or more.

Make your reservations in advance for exclusive use of spa facilities.

Bioelements— one of the finest professional product lines, combining the best in skin care technology with sophisticated treatment techniques to deliver visible results.

SPA ETIQUETTE

Please arrive at least 15 minutes before scheduled time. A robe and slippers are supplied for your convenience. A shower or sauna is recommended before a full body massage to help relax the muscles.

Guests must be at least 16 years old unless accompanied by an adult.



MASSAGE

To soothe body, mind, and soul

Swedish Massage

An ideal massage for jet-lag. Benefits include the release of tension, toxins, stress, fatigue, creating a sense of well being.

(60 mins) \$100 (90 mins) \$140

Executive On The Go

Upper body massage only. (30 mins) \$75

Aromatherapy Massage

A holistic approach to a customized body massage with the use of essential oils to help promote the elimination of toxins, relax, and soothe your whole being.

(60 mins) \$125 (90 mins) \$175

Deep Tissue Massage

Specific pressure is given to treat deep-knotted muscles, trigger points and help ease pain.

(60 mins) \$125 (90 mins) \$175

Sports Massage

A combination of massage movement and assisted stretching. Helps to increase tissue flexibility and range of motion in the joints, as well as muscle relaxation.

(60 mins) \$110 (90 mins) \$155

Hot Stone Massage

Hot Stone massage dates back to ancient times for its healing property. The heat warms and relaxes the muscles, helps to improve circulation, calms the nervous system and helps to de-stress your entire being.

(75 mins) \$150 (105 mins) \$215 (135 mins) \$275

Couples Massage

Each with your own therapist in the privacy of your suite.
Prices available upon request.

Add-On Service

Warm Bamboo

Innovative and new, warm bamboo helps to give a deeper—penetrating, warm and relaxing massage. A great addition to any massage service. Request must be made at time of booking. \$25 additional fee

TREATMENTS

Energy Balancing

Lymphatic Drainage

This light—touch treatment primarily targets specific lymph nodes to help flush toxins and prevent infections. (Recommended for pre-op/post-op surgery) (60 mins) \$100

Reflexology

This treatment is the art and science of using fingers and thumbs on your hands and feet to access reflex areas that correspond to all glands, organs and body parts. This helps relieve stress and tension while improving circulation. (60 mins) \$100

Reiki

The word "Reiki" translates to "Universal Life Force Energy" Reiki helps to promote spiritual and physical well-being. It realigns the bioenergetic body for perfect balance, treating conditions such as muscle pain, tension and stress. (60 mins) \$100

BODY

Energizing & Rejuvenating

Herbology Body Retexturizer

A therapeutic body exfoliation that uses medicinal Chinese herbs to smooth, retexturize and revitalize your skin. (60 mins) \$100

Mudtherapy Body Mask

This revitalizing treatment helps to detoxify, stimulate and energize your body's metabolism with the use of therapeutic mud, energizing peppermint and red raspberry extracts. A real boost for sluggish skin. (60 mins) \$125

Spa Manicure/Pedicure

Manicure includes trimming of nails and cuticles, exfoliation, mask, hot towels, paraffin treatment and polish. (60 mins) \$75
Pedicure includes foot soak, trimming of nails and cuticles, exfoliation, mask, hot towels and polish. (Male clients receive finish nail buff) (60 mins) \$75